

HOW TO USE The Full Set

Step 1: Scoop Scrub

Use the wooden spoon to scoop out a small amount of your scrub.

No fingers -we're keeping things fresh!



Step 2: Apply

Gently massage onto damp skin in circular motions and let sit for 2-3 mins.



Step 4: Rinse

Rinse off thoroughly with warm water and pat dry.



Step 5: Shake Toner

Shake the bottle well before each use.



Step 6: Spray or Swipe

Option 1: Close your eyes and spritz 2-3 times across your face and neck.

Option 2: Apply a few sprays onto a cotton pad and gently sweep over your skin.



Step 7: Oil Time

Place a few drops of your oil into your palm and warm it between your hands.



Step 8: Apply

Massage onto skin using gentle, upward strokes.



Step 8: Seal with Shea

Warm a small amount of your shea butter between your palms, then smooth over your skin to lock in moisture.



For best results: Use scrub 2-3 times per week. Toner, Oil and shea butter are best used daily, morning and night.